



VETS4VETS[®]

Confidential wellness support for the veterinary profession + it's FREE

How Vets4Vets[®] Works



STEP ONE

Connect with Vets4Vets[®] thru QR code



STEP TWO

Have a one-on-one private session with a veterinarian & trained wellness supporter



STEP THREE

Receive customized peer support and/or referral guidance



VIN Foundation is a 501(c)(3) nonprofit providing supportive programs for the veterinary profession.

CONFIDENTIAL SUPPORT



VETS4VETS®

These groups are facilitated by veterinarians and trained support professionals and offer a peer supportive community for veterinary students, veterinarians, and veterinary professionals to share their experiences, receive emotional support, and gain insights on how to navigate difficult situations.

Peer-to-Peer

One-on-one with a veterinarian & mental health supporter who provides wellness assistance based on individual needs.

Weekly Groups

These weekly self-help groups provide a safe space for colleagues to discuss personal & professional challenges with peers.

Vets in Recovery Recovering Veterinary Professionals

Veterinarians (VIR) & veterinary professionals (RVP) who are seeking recovery from any form of substance or behavioral addiction.

NeuroDivergent Vets Veterinary Professionals

Veterinarians (NDV) and veterinary professionals (NDVP) whose brains function in ways that may be dissimilar to the general population.

Cancer Vets

Support group for veterinarians dealing with any form of cancer diagnosis, in any stage.

Team Trauma Triage

Specialist support when your hospital team experiences a traumatic event. Customized trauma support based on needs.

Support4Support

Specifically for the veterinary support team-member. Support with interpersonal challenges, family challenges, compassion fatigue, and more.

Additional support

Vets4Vets® has access to a deep bench of additional programs and tools to support you from veterinary school through retirement.